



FE Block Annual Sports Meet, 2019 List of Groups & Events & Rules



Group	Age Classification	Distance	Sl.#	Events	Sl.#	Events
I N F A N T						
Infant	Children Upto 5 Years	25 Mts	1	Flat Race	2	Obstacle Race *1 (Tunnel)

F E M A L E

Group	Age Classification	Distance	Sl.#	Events	Sl.#	Events
G1	Girls from 5+ to 8 years	50 Mts	3	Flat Race	4	Spoon Race
G2	Girls from 8+ to 11 years	75 Mts	5	Flat Race	6	Obstacle*2 (Tunnel+Sack)
G3	Girls from 11+ to 14 years	75 Mts	7	Flat Race	8	Obstacle*2 (Tunnel+Sack)
G4	Girls from 14+ to 17 years	75 Mts	9	Flat Race	10	Skipping Race*3
W1	Ladies from 17+ to 25g years	75 Mts	11	Flat Race	12	Spoon Race
W2	Ladies from 25+ to 35 years	75 Mts	13	Obstacle Race*5 (Biscuit)	14	Mixed Balance Race*4
W3	Ladies from 35+ to 45 years	75 Mts	15	Obstacle Race*6 (Brinjal)	16	Mixed Balance Race*4
W4	Ladies from 45+ to 55 years	50 Mts	17	Obstacle Race*6 (Brinjal)	18	Mixed Balance Race*4
W5	Ladies above 55 years	50 Mts	19	Matka Balance	20	Hit-the-Target

M A L E

Group	Age Classification	Distance	Sl.#	Events	Sl.#	Events
B1	Boys from 5+ to 8 years	50 Mts	21	Flat Race	22	Obstacle Race*2 (Tunnel)
B2	Boys from 8+ to 11 years	75 Mts	23	Flat Race	24	Sack Race *7
B3	Boys from 11+ to 14 years	75 Mts	25	Flat Race	26	Obstacle Race*2 (Tunnel)
B4	Boys from 14+ to 17 years	100 Mts	27	Flat Race	28	Shot Put
M1	Men from 17+ to 25 years	100 Mts	29	Flat Race	30	Shot Put
M2	Men from 25+ to 35 years	100 Mts	31	Flat Race	32	Shot Put
M3	Men from 35+ to 45 years	100 Mts	33	Flat Race	34	Shot Put
M4	Men from 45+ to 55 years	100 Mts	35	Flat Race	36-37	Shot Put & Hit-the-Target
M5	Men from 55+ to 65 years	-	38	Shot Put	39	Hit-the-Target
M6	Men from 65+ to 75 years	75 Mts	40	Walking Race	41	Hit-the-Target
M7	Men above 75 years	75 Mts	42	Walking Race	43	Hit-the-Target

Domestic Helps, Servants, etc.

DH-M	Male	75 Mts	Flat Race	44	DH-F	Female	45	50 Mts Flat Race
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RELAY RACE			46			
Team A	Team B	Team C		47	⇔	3-Legged Race for W2+W3+W4 *8 combine
B4 – 1 ST	B4 – 2 nd	M1 – 1 st		48	⇔	MUSICAL CHAIR (Married Women Only)
M1 – 2 ND	M1 – 3 rd	M3 – 1 st		49	⇔	3-Legged Race for G2+G3+G4 *8 combine
M2 – 3 rd	M2 – 1 ST	M2 – 2 nd		50	⇔	Special Event for Married Couples

Description of Some of The Above Events

- *1 **Obstacle Race** : Participant has to run some distance, then crawl through a Tunnel and reach the finishing line
- *2 **Obstacle Race** : Participant has to run some distance, then crawl through a Tunnel and then wear a 2 ends open sack from head and take it out through legs and run to the finishing line.
- *3 **Skipping Race** : Participant has to pass the skipping rope with each step they run. Bring your own skipping rope.
- *4 **Mixed Balance Race** : Participant has to balance Matka (earthen pot) on head and move for some distance, then remove and put down the Matka on chair kept on the track and run the balance distance.
- *5 **Obstacle Race** : Participant has to run some distance, then eat all the Biscuits kept in a tray on chair by mouth with both hands at the back, and run the remaining distance.
- *6 **Obstacle Race** : Participant has to run some distance, then lift a Brinjal floating in a tumbler filled with water, by mouth, with both hands at the back, and run the remaining distance with brinjal in mouth.
- *7 **Sack Race** : Participant has to put their both legs into a one side closed Sack and run/hopp the distance by holding the open end of the sack by both hands.
- *8 **Three Legged Race** : 2 Participants have to tie one of their adjoining legs together with the help of rope/dupatta (bring your own) and run with basically 3 legs. It sounds difficult is not so.

We will take care of all hygiene issues involved with any event. First-Aid facility will be available on the Ground

