



FE Block Annual Sports Meet, 2023 List of Groups & Events & Rules



Group	Age Classification	Distance	Sl.#	Events	Sl.#	Events
I N F A N T						
Infant	Children Upto 5 Years	25 Mts	1	Flat Race	2	Obstacle Race *1 (Tunnel)

F E M A L E

Group	Age Classification	Distance	Sl.#	Events	Sl.#	Events
G1	Girls from 5+ to 8 years	50 Mts	3	Flat Race	4	Spoon Race
G2	Girls from 8+ to 11 years	75 Mts	5	Flat Race	6	Obstacle*2 (Sack-Tunnel-Sack)
G3	Girls from 11+ to 14 years	75 Mts	7	Flat Race	8	Obstacle*2 (Sack-Tunnel-Sack)
G4	Girls from 14+ to 17 years	75 Mts	9	Flat Race	10	Skipping Race*3
W1	Ladies from 17+ to 25g years	75 Mts	11	Flat Race	12	Spoon Race
W2	Ladies from 25+ to 35 years	75 Mts	13	Obstacle Race*5 (Biscuit)	14	Mixed Balance Race*4
W3	Ladies from 35+ to 45 years	75 Mts	15	Obstacle Race*6 (Brinjal/Apple)	16	Mixed Balance Race*4
W4	Ladies from 45+ to 55 years	50 Mts	17	Obstacle Race*6 (Brinjal/Apple)	18	Mixed Balance Race*4
W5	Ladies above 55 years	50 Mts	19	Matka Balance	20	Hit-the-Target

M A L E

Group	Age Classification	Distance	Sl.#	Events	Sl.#	Events
B1	Boys from 5+ to 8 years	50 Mts	21	Flat Race	22	Obstacle Race*2 (Sack-Tunnel-Sack)
B2	Boys from 8+ to 11 years	75 Mts	23	Flat Race	24	Sack Race *7
B3	Boys from 11+ to 14 years	75 Mts	25	Flat Race	26	Obstacle Race*2 (Sack-Tunnel-Sack)
B4	Boys from 14+ to 17 years	100 Mts	27	Flat Race	28	Shot Put
M1	Men from 17+ to 25 years	100 Mts	29	Flat Race	30	Shot Put
M2	Men from 25+ to 33years	100 Mts	31	Flat Race	32	Shot Put
M3	Men from 33+ to 41 years	100 Mts	33	Flat Race	34	Shot Put
M4	Men from 41+ to 50 years	100 Mts	35	Flat Race	36-37	Shot Put
M5	Men from 50+ to 60 years	75mt Race	38	Shot Put	39-40	Shot Put & Hit-the-Target
M6	Men from 60+ to 70 years	75 Mts	41	Walking Race	42	Hit-the-Target
M7	Men above 70 years	75 Mts	43	Walking Race	44	Hit-the-Target

Domestic Helps, Servants, etc.

DH-M	M a l e	75 Mts	Flat Race	45	DH-F	Female	46	50 Mts Flat Race
------	---------	--------	-----------	----	------	--------	----	------------------

RELAY RACE			Sl.#	Events
			47	
			48	
Team A	Team B	Team C	49	
B4 – 1 ST	B4 – 2 nd	M1 – 1 st	50	
M1 – 2 ND	M1 – 3 rd	M3 – 1 st	51	
M2 – 3 rd	M2 – 1 ST	M2 – 2 nd		

Example of Age Category: 5+ to 8yrs means, one who has completed 5yrs + 1 or more days but not completed 8yrs.

Description of Some of The Above Events

- *1 **Obstacle Tunnel Race** : Participant has to run some distance, then crawl through a Tunnel and reach the finishing line
- *2 **Obstacle Sack-Tunnel-Sack Race** : Participant has to get into a sack, run some distance, then come out of the sack, crawl through a Tunnel and then wear a 2 ends open sack from head and take it out through legs and run to the finishing line.
- *3 **Skipping Race** : Participant has to pass the skipping rope with each step they run. Bring your own skipping rope.
- *4 **Mixed Balance Race** : Participant has to balance Matka (earthen pot) on head and move for some distance, then remove and put down the Matka on chair kept on the track and run the balance distance.
- *5 **Obstacle Eat The Biscuit Race** : Participant has to run some distance, then eat all the Biscuits kept in a tray on chair by mouth with both hands at the back, and run the remaining distance.
- *6 **Obstacle Lift The Brinjal/Apple Race** : Participant has to run some distance, then lift a Brinjal/Apple floating in a tumbler filled with water, by mouth, with both hands at the back, and run the remaining distance with brinjal/apple in mouth.
- *7 **Sack Race** : Participant has to put their both legs into a one side closed Sack and run/hopp the distance by holding the open end of the sack by both hands.
- *8 **Three Legged Race** : 2 Participants have to tie one of their adjoining legs together with the help of rope/dupatta (bring your own) and run with basically 3 legs. It sounds difficult but is not so.

**We will take care of all hygiene issues involved with any event.
First-Aid facility will be available on the Ground**



SALT LAKE FE-BLOCK RESIDENTS' ASSOCIATION

Annual Sports, 2023 Circular

No. SLFEBRA/2021-23/40

16th January, 2023

Our **Annual Sports** will be held on 22nd **January 2023**, at **FE PARK & PLAY GROUND** from **10 am onwards**.

Details of Groups and Group-wise events are given on the reverse of this circular. By default, you are registered for all the events of your age group. First three winners of each event will be given attractive Prizes and Medals.

A resident of the Block and/or any member of his/her family can participate.

Domestic helps, drivers, etc, or persons living in garages of houses or from shops are not entitled to participate in the general events. There are separate events for such category of people for both male and female. They need not register online or through manual form. They can come and register on the field itself on the day of the sports.

You need to register yourself online before 21st January midnight. Those who have registered online in the past will get SMS on their registered mobile no. with the link to register. You click on the link, and you will get to the registration page and all the names of participants registered by you will be shown. Click Register button against the name, see the details, press the Submit button. And that's it. You will be notified of the registration along with Group, on the screen itself and may receive SMS too. In case you do not get registration link sms, login to our portal www.saltlakefeblock.in to register.

For participants of Infant, B1, B2, G1, G2 age group, you need to submit photocopy of age proof online. You can scan or just take a snapshot on your mobile camera and upload while registering online. If you have submitted date of birth proof last year through on-line, you will not be required to submit it again.

For the convenience of very aged persons who may not have access to computer or smart phone, can get manual registration forms from Community Centre and fill it up there and drop the form in the drop box kept there.

For any help regarding registration or phone registration you may call up the Sports Help Desk on 9830042406. Download detail sports circular from Download section of FE App or our portal www.saltlakefeblock.in

A Lucky Draw will be held towards the end of the Sports Meet where Six Prizes are to be won. To qualify for the Lucky Draw Prizes:

- 1. Online registration should be done by 2400 hrs (midnight) of 21st January. Or,**
- 2. Manual Entry Forms (DULY COMPLETED) should be dropped in Drop Box within 1100 hrs on 21st Jan. And,**
- 3. One has to participate in at least any one of the Group Events. And,**
- 4. The participant must be present at the time of Lucky Draw to claim the Prize. Under no circumstances it will be handed over to any representative of the prize winner.**

NOTE : Participants who register themselves on the day of the sports (22nd Jan) will also be entitled to last three (4th, 5th & 6th) Lucky draw prizes provided clause 3 & 4 above are fulfilled.

Breakfast (till 11am) and light lunch will be provided to the participants and organisers on the playground.

Copy to: all Members/ Residents,

For any queries regarding sports you may contact:

Sd/-Dr Pallav Bhattacharya:
Secretary

HELP DESK : 98300 42406

**Sri. Pankaj Kapoor, FE-437 : 9903091106 (Convenor)
Sri. Arjoon Mitra, FE-200 : 79807 64265 (JC)**

Registration Begins 17th Jan, Hurry, Entry Closes 21st January 12 noon

If you do not receive registration sms on your mobile, logon to www.saltlakefeblock.in to register yourself